

JMM

Michael Forrest



Location: Kendal, Cumbria, United Kingdom

Height: 5'6" (167cm)

Weight: 12st. 6lb. (79kg)

Playing Age: 41 - 55 years

Unions: Equity

Role Types: White

Eye Colour: Green

Hair Colour: Greying

Hair Length: Balding

Training:

Actors Centre North : Acting For Soaps (Jason Beresford), Leeds, UK, | Apples & Pears : Performance Poetry (Anne Wilson), Kendal, UK
The Acting Studio : Stanislavsky 12 week course (Kate Marlow), Manchester, UK, | PNSA : 48 week LAMDA (Joseph Kerr), Blackpool, UK

Film:

Mr Simpson, The Peoples Cabbage, Six Foot High Films

Short Film, Frank (Main Supporting), The Old Switcheroo, Bucks Media, Kris Draper

Short Film, Mikey Moss (Male Lead), Waiting in the Wings, PNSA, Joseph Kerr

Training Film, Key Client, Morgan Ashhurst Perfect Delivery, Top Banana, Tina Blake

Short Film, George Budding (Lead): Grow, Jim Martin Digital Milk Films Feb/Mar 10 (Liverpool/Manchester/Leyland/Ormskirk)

Short Film, Clarity (Male Lead) Danielle Smith Jan 10 (Newcastle)

Short Film, Pressures (Lead) Caribou: Aidan Haley Aug 09 (Hebden Bridge) Swansea International Film Festival 2010 Selected for top 5

First Films (judging May 10)

Short Film, Illusion (Main Supporting) UCLAN Feb 09 (Preston)

Short Film, Noir Suicide (Main Supporting) UCLAN Feb 09 (Preston)

Short Film, Cairnfell (Male Lead) Don: Drury Lane Productions Dec 08 (Accrington)

Short Film, The Old Switcheroo (main supporting) Frank: Kris Draper Bucks Uni Apr 08 (Fleetwood)

Television:

Television, Brian Caretaker, Lunch Monkeys, Channel K for BBC, Matt Lipsey

Stage:

Abigail's Party, Lawrence Staveley, Roundhouse

Joe, Skinned, Brewery Theatre Company, Kendal, Trish Gordon

Roger Watson, The Danny Crowe Show, Trapdoor Productions, Henley on Thames Festival, Alexandra Legonaix

Roger Watson, The Danny Crowe Show, Trapdoor Prod. Barons Court Theatre, W Kensington, Kate Shenton

Len West (Lead), The Winterling, Nurture Theatre Manchester, Trevor MacFarlane

Roald Dahl/Mr Salt, Roald Dahl's Greatest Hits, PNSA, Joseph Kerr

Mr Robinson (Lead Male Supporting), The Graduate (Edinburgh Fringe), Blue Dye Productions, Kate Sheldon

Jacques Brel (Monologue), Au Suivant, PNSA, Joseph Kerr

Brendan (Joint Male Lead), Gender, PNSA, Joseph Kerr

Lord Meaburn, Murder At Meaburn Hall, CHAPRA, Christine Holmes

Live:

Corporate, Forum Theatre (London) on behalf of AXA Insurance

Corporate, Forum Theatre (Paris & Bordeaux) on behalf of AXA Group

Michael Sinclair (Male Lead), Restorative Practices (Forum Theatre), Lancashire Constabulary, Karen Roberts,

Corporate, Keynote Presenter, International Resilience Forum, The Business Continuity Institute,

Corporate, Production Manager, CUSTOMER FOCUS, AXA Universatie Bordeaux

Skills:

Performance: Comedy, Live Roleplay, Role Play, Street Theatre, Theatre In Education, Forum Theatre

Fishing, Football*, Horse-riding, Ice Skating, Karting*, Motor Racing*, Rugby, Skiing, Snooker*, Weight Training, Car Licence, Motorbike Licence, Computer Literate, Drama Workshop Leader, Improvisation, Narration, Photographic Model, Poker (* = highly skilled)

Accents & Dialects: American-Midwest, American-New York, American-Southern States, American-West Coast, Australian, Austrian, Bradford (native), Cumbrian, East Anglian, French, Geordie, Glasgow, Hull, Irish-Southern, Italian, Lancashire, London, Russian, Sheffield, Yorkshire

For More Info Please Contact

Jakki Moore Management / jakki@jakkimoore.com / t: 01229 776389 / m: 07967612784